

## CONTENTS

<b>Foreword</b>	1
<b>Preface</b>	1
<b>Maps</b>	1
<b>Illustrations</b>	1
<b>Chapter</b>	
I. THE SETTING .....	1
Location and topography .....	1
Climate .....	2
Natural resources .....	3
Political subdivisions .....	4
Population .....	7
Creation myths .....	10
Prehistoric period .....	12
Historic period .....	13
The revolutions .....	14
The American regime .....	15
Recent events .....	15
II. MATERIAL CULTURE .....	17
Attire .....	17
Dwellings .....	21
Implements and weapons .....	26
III. ECONOMIC LIFE .....	27
Agriculture .....	27
Rice cultivation .....	28
The agricultural cycle .....	29
Rice cultivation ritual .....	35
Garlic cultivation .....	37
Tobacco cultivation .....	38
Virginia tobacco .....	40
Cultivation of other crops .....	49
Fishing .....	49
Fishing devices .....	51
Home industries .....	55
Pottery .....	55

Basi and molasses making .....	58
Weaving .....	61
Salt making .....	63
Maguey production .....	63
Basket weaving .....	64
Mat weaving .....	64
Woodworking .....	64
Silversmithing .....	64
Alupasi industry .....	65
Market system .....	65
Tinawar .....	65
Suki .....	66
Other methods of marketing products .....	66
Garlic marketing .....	68
The garlic "companies" .....	73
Savings association .....	75
<b>IV. FOOD CULTURE</b> .....	79
Meaning of food .....	79
The social context of food .....	81
Food preparation .....	85
Patterns of home consumption .....	89
Food categories .....	91
Food in the life cycle .....	92
<b>V. FAMILY AND KINSHIP</b> .....	97
The family .....	97
Family relationships .....	101
Kinship .....	105
The consanguineal relationships .....	106
Kinship terminology .....	106
The affinal relationships .....	109
Ritual kinship .....	111
Kinship terminology .....	111
Affinal terminology .....	115
Ritual co-parent hood .....	117
<b>VI. LIFE CYCLE</b> .....	121
Conception .....	121
Pregnancy .....	124

Birth control .....	126
Childbirth .....	127
The postpartum period .....	134
The newborn .....	140
Infancy .....	142
Early childhood .....	150
Late childhood .....	155
Puberty .....	156
Adolescence .....	160
Marriage .....	165
Property: ownership and inheritance ...	173
Death and burial .....	174
<b>VII. LEADERSHIP AND AUTHORITY .....</b>	<b>186</b>
Formal structure and leadership at the municipal level .....	186
The barangay .....	190
The Kabataang Barangay .....	190
Sources of non-formal authority .....	193
Non-formal and formal authority .....	195
<b>VIII. VALUE ORIENTATION .....</b>	<b>197</b>
Interpersonal relations .....	200
Community relations .....	203
The concept of agwayas .....	205
(individualism)	
The concept of panagteppel .....	206
(social control)	
Ilocano managrikna (sensitivity) ..	208
Concept of Apal (envy) .....	208
Padigo (the exchange of food) ....	210
Gasat (luck) .....	211
Tagnawa ("cooperative labor") ....	212
Ammuyo ("exchange labor") .....	213
Bataris ("reserve labor") .....	215
Pakiawen ("paid labor") .....	215
The kompang ("group labor") ....	216
Zangjeras ("irrigation cooperatives")	217
<b>IX. THE REALM OF THE SUPERNATURAL .</b>	<b>218</b>
The supernatural beings .....	218

Anib and talibagot .....	225
Travel beliefs .....	228
Folk medicine .....	229
Meteorological observations and signals ..	233
The sun (init) and the moon (bulan) ..	238
<b>X. CURRENT TRENDS .....</b>	<b>243</b>
<b>Bibliography .....</b>	<b>247</b>
Scientific names of local plants and trees .....	253
<b>Index .....</b>	<b>255</b>

101	INTRODUCTION
102	1. THE PEOPLE AND THEIR HABITS
103	2. THE PLANTS AND ANIMALS
104	3. THE CLIMATE AND METEOROLOGY
105	4. THE LANDSCAPE AND SOILS
106	5. THE FOLK MEDICINE
107	6. THE TRAVEL BELIEFS
108	7. THE METEOROLOGICAL OBSERVATIONS
109	8. THE SUN AND THE MOON
110	9. CURRENT TRENDS
111	10. BIBLIOGRAPHY
112	11. SCIENTIFIC NAMES OF LOCAL PLANTS AND TREES
113	12. INDEX